



# What are reasonable adjustments?

Small changes put in place by health and care staff to help you get the right care.

## You may need help if you have:

- A disability (body, senses or learning)
- Autism
- A long-term Condition (like dementia)

## Examples of reasonable adjustments are...

- Bring someone with you
- Quiet space or quiet time
- Bring an assistance dog
- Easy access (no steps)
- Visit before your appointment



**Tell us what you need. Talk to our staff. We will help.**

We understand that small changes can make a big difference.



Easy access  
(no steps)



Bring someone  
with you



Quiet space or  
quiet time



Bring an  
assistance dog



Visit before your  
appointment



To find out more, please visit:

<https://www.england.nhs.uk/learning-disabilities/improving-health/reasonable-adjustments/>

